# Emergency/after-hours care

Wungen Kartup is not resourced to provide emergency or after-hours service. The following services are available:

**Triple zero emergency** 000 For urgent help in a life-threatening emergency (police, fire, ambulance).

Police 131 444

For police assistance or attendance when any person feels in danger, under threat or at risk.

Mental health emergency response line

1300 555 788

**Rural Link** 1800 552 022

For help with mental health emergencies.

Crisis care help line 1800 199 008
Help with temporary accommodation,
pretection for children, financial aid

protection for children, financial aid, counselling and other support services.

National indigenous critical response service 1800 805 807

Alcohol and drug information service

(08) 9442 5000

Confidential, non-judgmental counselling, information and referral for help with alcohol or other drug use.

**Kids help line** 1800 551 800 Confidential, anonymous counselling service for young people between 5 to 25 years of age.

# Wungen Kartup intake criteria

Wungen Kartup provides comprehensive multidisciplinary mental health services for Aboriginal people with a serious mental health disorder who are marginalised, at risk and:

- have a significant co-morbid substance abuse disorder and/or complex psychosocial issues
- are unable to access mainstream mental health or social and emotional well-being services.

## Contact us

We are happy to assist with any of your questions.

**Telephone:** (08) 9224 8935

Referrals:

WungenKartupReferrals@health.wa.gov.au

Hours

8.30am to 4.30pm Monday to Friday





# Wungen Kartup Aboriginal Mental Health Service

Wungen Kartup translates to 'Place of Healthy Minds' in Noongar language.



Walk With Us – A Journey to Better Health by artists Lorraine Woods and Meena (Peta Ugle).





#### Our services

Wungen Kartup provides culturally appropriate mental health care to Aboriginal people across the Perth metropolitan area.

Wungen Kartup is a highly specialised, Aboriginal-led service who work in partnership with other services to enhance the provision of culturally appropriate care for Aboriginal consumers. The service will provide clinical support to assist Aboriginal clients to access the most effective care pathway regardless of factors such as co-morbid health issues, homelessness and/or substance abuse.

Wungen Kartup offers a culture-rich environment for individual, family and group consumer consultations as well as an Activity Day Centre for both inpatient and community consumers.

The walk with us – a journey to better health artwork represents East Metropolitan Health Service sites and the journey of better health for everyone in the community we serve. Within this element, the dots represent the partnership between the Aboriginal community and the non-Aboriginal people and how we are working together, between each hospital, to build strong networks and to create a better consumer journey. By artists Lorraine Woods and Meena (Peta Ugle).

## Referral

We accept referrals from consumers, carers, GPs, and services. Referral forms can be obtained by calling 9224 8935 or by emailing us. Our triage officer will be more than happy to walk you through the referral form if you need help completing it.

Referrers will be asked a series of questions by a member of the triage team at Wungen Kartup to help determine the most appropriate clinical care pathway for the consumer.

Wungen Kartup can also provide information on education, support and advocacy to consumer, family members and referrers.

## Consultation and training

Wungen Kartup can liaise with service providers in both metropolitan and regional WA to provide support and/or a second opinion to aid the assessment and treatment of Aboriginal consumers in a culturally secure and timely manner.

Where cultural considerations and traditional beliefs are of particular relevance to the recovery of Aboriginal consumers and of support to their carers, Wungen Kartup can provide input from Traditional Healers and Elders.

We also provide specialist training and education on Aboriginal culture and mental health to service providers, and are the preferred provider for training on the Stay Strong Program.

#### Care coordination

Once a care coordination referral is accepted, every consumer is allocated a care coordinator, an Aboriginal mental health officer or an Aboriginal mental health worker.

Care coordination includes recoveryfocused care. It is community-focused via
home visits to community settings and
is applied with flexibility so that the care
coordinator can adjust the level of service
provided in a way that is consistent with
each consumer's needs, choices and
stage of recovery at different time periods.
There is also priority given to assist the
consumer in engaging with a primary health
care provider to focus on their physical
assessment and monitoring.

## Cultural liaison

Cultural liaison and support occurs with consumers who are under the direct care of a mainstream community or acute inpatient social and emotional wellbeing service.

Your multidisciplinary treating team retains clinical responsibility for the consumer. The cultural liaison and support from Wungen Kartup aims to provide the consumer with a more culturally secure and specialised service from their community/inpatient mental health service where it is required.

